COMMUNITY GROUPS AND SERVICES
FOR LGBT YOUTH IN BC

1. These first listings describe groups and services that are aimed primarily or exclusively at the lesbian, gay, bisexual and transgender populations. Some are specific to LGBT youth. In time, such agencies change or close, and others are created. If you want to know about any new groups being formed (particularly outside the Greater Vancouver area), it is probably best to contact any of the first three agencies listed here (Prideline, The Centre, and GAB), as they are most likely to be operating for many years and to maintain complete listings of groups and services around the province of BC.

Prideline BC 1-800-566-1170 or 604-684-6869 One-to-one support, and information about services and resources around BC, for LGBT (and questioning) youth and adults. This line is staffed every night from 7:00 to 10:00 pm; at other times, there is a message service available.

The Centre (formerly The Gay and Lesbian Centre) TEL: 604-684-5307
FAX: 604-684-5309 1170 Bute Street, Vancouver, BC V6E 1Z6
Email: thecentre@intergate.bc.ca
Web site - www.intergate.bc.ca/business/thecentre
Drop in, library services, advocacy, support, counselling.
Safe Company - 604-660-7949 (Free, anonymous, general health clinic; call ahead for hours.)
Monday Night Health Project - 604-689-5565
Helpline - 604-684-6869 or 1-800-566-1170 (7:00 to 10:00 pm)

GAB Youth Services - TEL: 604-684-4901 or 1-800-566-1170
GAB is a support, education, advocacy and referral service for lesbian, gay, transgender, bisexual, and questioning (LGBTQ) youth at The Centre. Gab offers various weekly drop-ins for youth (19 and under, and 25 and under), peer-based workshops on issues affecting LGTBQ youth, and special ASIAN gab meetings (25 and under). School counsellors and teachers often contact Gab for info and support. To arrange a workshop or for more information on Gab services, contact the Program Coordinator at 604-684-4901 or 1-800-566-1170.

Fraser Valley Youth Society TEL: 604-870-8765
A drop-in for GLBTT and questioning youth. We meet every Thursday evening from 6pm till 9pm, as well as participate in special events such as Gay Prom, dances and other youth activities with the Pride society and GAB. We are located at the Old Court house Building on Montvue at South Fraser in Abbotsford. Mailing address: 2611 Pauline Street, Suite 102, Abbotsford, BC V2S 3S2.

OUTLET
There is a place for young gay, lesbian, bisexual, transgendered, two-spirited, and questioning youth to get answers in a safe and completely confidential environment. You can find the support you need and meet people just like you. You don't have to be out to be heard.

Local Outlets:
Trail: Cindy Cropley at Freedom Quest 1-877-304-2676
Castlegar: Jessica Manley at CDCSS 365-2104, ext 27
Nelson: Julia or Stacey at NDYC 352-5656
Creston: Gaylene 428-3353
Kimberley: Rhonda 426-3383
Cranbrook/Fernie: Liana 421-3172
Grand Forks/Boundary: Linda Manzon 443-3160
Urban Native Youth Association  
1630 East Hastings Street, Vancouver, BC  
TEL: 604-254-7732 (M-F)  
On Saturday’s, contact, Gil Lerat cell 604-868-1676, or Chuck Lafferty cell 604-861-8117  
email: schoolsupport@unya.bc.ca  
Web site: www.unya.bc.ca

Native GLBT, two-spirit drop-in program for teens, ages 13 to 18. Every Saturday, starting November 10, 2007, from 1:00 to 4:00PM. This is a Drop-In style program, hosted by UNYA for teens only at this time, but older youth should stand by for future programming. What they offer onsite at our Native GLBT Two-Spirit Drop-In Program: pool table, telephone use, 4 computers, a foosball table, video games, movies at times, access to a variety of services in the community at the youth’s request, information about what the term ‘Two-Spirit’ means, and two UNYA staff to socialize or talk to one-to-one with on site at all times. Youth will also help us choose field trips, movies, cultural activities, sweats if required, workshops on health or other issues related to youth. Come on out and join us and others and have fun, or just hang out in our big safe space with couches, board games, or just chat with other like you.

Victoria Youth Pride Society (VYPS) TEL: 250-472-4393  
Email: vyps@writeme.com  
Web site: http://members.home.net/vyps  
c/o Fairfield Community Place, 1330 Fairfield Rd., Victoria, BC  V8S 5J1  
Youth drop-in group, support, information.

Love Knows No Gender (LKNG) TEL: 250-562-6253 Or Pager: 250-613-4359  
#104- 1188 6th Avenue, Prince George, BC V2L 3M6  
Email: lkngyouth@hotmail.com  (or c/o adult group galanorth@hotmail.com) Weekly drop-in youth group (under 25), peer support, counselling, information, social activities; Queer-Straight Alliance (to include friends and family) meets weekly.

Safe Spaces (Kamloops) Cell phone: 250-314-4086  
Email: sspaces@mail.ocis.net  
437 Lansdowne St., Kamloops, BC V2C 2B3  
Youth (under 24) driven group for LGB and Two-Spirited persons, weekly drop-in, outreach, education and resources. Group shares space/resources with ASK (AIDS Society of Kamloops).

Rainbow Y (Kelowna) TEL: 250-470-6067  
email: rainbowy_ouc@hotmail.com  
Web site: www.oucsak.bc.ca/rainbowy  
Social setting, twice-a-month socials, for ages 25 and under.

Queerlings - TEL: 604-684-9872 (Ext. 2066), or 604-718-5800 (leave message) Britannia Community Centre, 1661 Napier St., Vancouver BC V5L 4X4  
Support, information, weekly discussion/activity groups, for GLBT youth (15-24).

Richmond GLBT Youth Group -  
(Specify “GLBT youth group” when contacting) Weekly drop-in group, support, information (youth under 22).

Powell River PAQ’s Youth Group  
Weekly drop-in and support for LGBT youth  
TEL: 604-483-9456 (Daniel), or 604-487-9994 (Jan), or 604-485-2891 (Recreation Complex)
Zenith Foundation  (MTF) TEL: 604-261-1695  
Email: zenithfoundation@hotmail.com  
PO Box 46, 8415 Granville St., Vancouver, BC V6P 4Z9  
Web site: www.genderweb.org/~zenith  
Educational pamphlets, newsletter, support, and guidelines for MTF (Male-To-Female transgender) persons and those who are questioning their gender identity, and their families.

FTM etc TEL: 604-254-7292 or 604-988-1958 MESSAGE: 604-684-9872, Ext.  2269  
PO Box 10, 1895 Commercial Dr., Vancouver, BC V5N 4A6  
Peer support for FTM (Female-To-Male transgender) persons.

BC FTM Network TEL: 604-254-7292 or 604-988-1958  
Email: bcftmnet@hotmail.com  
PO Box 10, 1895 Commercial Dr., Vancouver, BC V5N 4A6  
TEL.  MESSAGE: 604-688-9378, Ext.  2310  
Information and education, presentations, and support for families of FTM persons.

Capilano College Queer Collective TEL: 604-990-7826 or 604-984-4969 (message) Student Union,  
Capilano College, 2055 Purcell Way, North Vancouver,  
BC V7J 3H5 Email: csupride@capcollege.bc.ca

PO Box 2503, New Westminster, BC V3L 5B2  
Email: pride@dcss.douglas.bc.ca

Take Pride of BCIT TEL: 604-451-6922 or 604-432-8600  
Email: ghandfor@bcit.bc.ca  
BC Institute of Technology Student Assoc.,  
3700 Willingdon, Burnaby, BC V5G 3H2

Gays, Lesbians and Bisexuals at Langara (GLOBAL)  
TEL: 604-324-3881 (Ext.  232) Langara Student Union Building, 100 West 49th Ave.,  
Vancouver, BC V6Y 2Z6

Pride UBC TEL: 604-822-4638 FAX: 604-822-9019 ("Attention: Pride UBC")  
Box 9, SUB, University of BC, Vancouver, BC V6T 1W5  
Email: prideubc@interchange.ubc.ca web site: www.ams.ubc.ca/clubs/pride

Out on Campus (LGBT group of SFU) TEL: 604-291-5933 FAX: 604-291-5843  
c/o Student Society, Simon Fraser University, 8888 University Dr., Burnaby, BC V5A 1S6  
Email: out-on-campus-info@sfu.ca  Web site: www.sfu.ca/out-on-campus

U Vic Lesbian, Gay Bisexual Alliance (LGBA) TEL: 250-472-4393  
SUB, University of Victoria, Box 3035, Victoria, BC V8W 3P3  
Email: lgba@uvss.uvic.ca  Web site: http://uvss.uvic.ca/~lgba/

Association for Social Knowledge (ASK) TEL: 250-470-6067  
c/o OUC Student Association, Okanagan University College, Kelowna  
(250-470-6053) email: rainbowy_ouc@hotmail.com  
Web site: www.oucsak.bc.ca/askatouc  
Organizational meetings and campus activities.
GALE - BC  (Gay And Lesbian Educators of BC)
TEL: 604-684-9872 (Ext.  2004)
PO Box 93678, Nelson Park PO, Vancouver, BC V6E 4L7
Email: galebc@telus.net  Web site: www.galebc.org
Education, advocacy, resources and support re LGBT issues in BC’s schools.

PFLAG  (Parents, Families and Friends of Lesbians and Gays)
TEL: 604-684-9872 (Ext.  2060) or 604-689-3711
Email: betew@intergate.bc.ca
8602 Granville St., PO Box 30075, Vancouver, BC V6P 5A0
Support group for parents and family members of LGBT’s.  Discussion, education, resource materials, and advocacy for equal rights.  All welcome at monthly meetings.  There are also PFLAG representatives or groups located in Victoria, Prince George, Comox Valley.... (more to come).

The Coming Out Show Thursdays, 7:00-8:00 pm, CFRO (“Co-op”) Radio, 102.7 FM TEL: 604-254-1909

The Lesbian Show Thursdays, 8:00-9:00 pm, CFRO (“Co-op”) Radio, 102.7 FM TEL: 604-684-8494

Queer FM Sundays, 6:00-8:00 pm, CITR Radio, 101.9 FM TEL: 604-822-1242

OUTLOOK TV Fridays, 10:00-11:00 pm, Rogers Cable 4 (Vancouver); check listings in other areas.
2. The listings in this second group are more general in nature. Some deal with HIV/AIDS issues, while others are focussed on other health concerns or legal matters. They are not aimed solely at LGBT persons, but all of these agencies are aware of LGBT concerns and strive to be fully inclusive.

General Help and Information Services in Your Community
In most BC communities, there are helpful Crisis Line or Distress Line services (often on a 24-hour basis) for persons in emotional crisis, physical or mental abuse situations, and at risk for suicide. Look in the “Community Services” pages of your White Pages telephone directory. In these same pages, there are usually listings for Women’s Resource Centres, Sexual Assault Crisis Lines, and Human Rights Offices. Don’t be afraid to call them.

Kids’ Help Phone TEL: 1-800-668-6868
Counselling for kids and teens experiencing a wide variety of problems.

National Crisis Referral Hotline TEL: 1-800-HIT-HOME (1-800-448-4663)

YouthCo AIDS Society - TEL: 604-688-1441 FAX: 604-688-4932
#203 - 319 W. Pender St., Vancouver, BC V6B 1T4
Email: information@youthco.org Web site: www.youthco.org
Youth-run (ages 15-29) providing peer-run support on HIV/AIDS issues, and education (theatre group, speakers’ bureau, and outreach to street-involved youth).

AIDS Vancouver Helpline TEL: 604-893-2222 FAX: 604-893-2211
Information about HIV/AIDS, resources, testing, etc.

Help for problems with government offices, hospitals, schools, universities, etc.

Reference Canada (Federal Government equivalent to BC Ombudsman)
TEL: 1-800-667-3355

Eating Disorder Resource Centre of BC TEL: 604-806-9000 or 1-800-665-1822
St. Paul’s Hospital, 1081 Burrard Street, Vancouver, BC V6Z 1Y6
FAX: 604-806-9001
Education, information and referral service for those who struggle with eating disorders, as well as for family, friends, health professionals and educators.

Alcohol and Drug Information and Referral Service TEL: 604-660-9382
(24 Hours) Drug, alcohol and substance abuse counselling; referrals to services throughout BC. Callers can call “Reverse charges”, when calling from areas in BC outside the Vancouver area.

Victims of Crime Information and Referral Service TEL: 1-800-563-0808

Violence Prevention Information Line TEL: 1-888-606-5483

Youth Against Violence Line TEL: 604-775-4264 or 1-800-680-4264
Automated telephone message, for scared / frightened youth. Callers can leave information to report or prevent a crime, or to request police assistance.

Inform Vancouver TEL: 604-875-6381 FAX: 604-660-9415
Email: informbc@vcn.bc.ca Web site: www.vcn.bc.ca/isv
General information re community services of all kinds.

Community Legal Assistance Society TEL: 604-685-3425
FAX: 604-685-7611 Email: clas@vancouver.net General info re legal matters (not legal aid)